



Parent Information Sheet

Summer Program

Program Hours 9:00am-4pm

Routine (subject to vary)

0830-0845 arrival, sunscreen application, stretching

0900 class begins

1000 rigging, out on water

1200 lunch, reapply sunscreen

1400 reapply sunscreen

1500 return to base

1530 de-rig, clean up, put away equipment

1600 dismissal

Guidelines

Zero tolerance for bullying, obscene gestures/comments/remarks, profanity, fighting, dumping in lake, leaving a mess, drugs or alcohol

Please label all equipment (waterbottles, sunscreen, lunches, clothing articles) with child's name

Any items left at the end of your child's program will be donated to charity

Sunscreen SPF 30 or better is a must. Please reinforce this with your child

All children are responsible for cleaning up their own trash and disposing of it in the garbage. No dumping in the lake or river, and no leaving it behind in our boats or facilities.

Life jackets must be worn at all times in the "Lifey Zone"—no ifs, ands or buts.

Accidents happen. Sailing equipment is expensive. So as to teach character development, personal responsibility, and accountability, we expect your child to treat our equipment as his/her own. If your child loses or willfully damages our equipment, you will be asked for a donation to cover its replacement.

Equipment (please label all articles with child's name!)

Non-disposable waterbottle with carabiner clips

SPF 30 or greater sunscreen

Hats

Life jacket

Sun glasses

Wicking/under armour type shirt

Bag lunch in 1 gal ziplock bag

Dress for weather (i.e. jackets if cool)

Change of dry clothes

CLOSED toed shoes. NO flip flops, sandals (water shoes, crocks acceptable)

Towel

Swim suit