



## *North Star Junior Sailing*

*32041 South River Road  
Harrison Township, MI 48045*

*(586) 463-2192*

### CODE OF CONDUCT AND BEHAVIOR CONTRACT

#### PAGE 1

I promise to maintain a positive attitude and to be responsible for my conduct at all times while participating in North Star Junior Sailing Program activities and will follow these rules and regulations and any other rules given by my coach:

- I will not use, or tolerate the use by other team members; alcohol, tobacco, or non-prescribed drugs, understanding that a drug-free environment is necessary in order to achieve individual and team success.
- I will maintain appropriate behavior towards opposite gender team members, and will not tolerate unseemly conduct by other team members.
- I will dress appropriately both on and off the water, recognizing that my appearance at all times reflects not only on myself; but also on my team and NSJS.
- I will respect the property of others, by not stealing, damaging, destroying or borrowing another's property without permission, nor tolerating such behavior by other team members.
- I will treat my team members, coaches, competitors, regatta officials, hosts and all others with respect, regardless of race, religion, gender, national origin or abilities.
- I will follow all safety procedures given by my coaches and other responsible adults, understanding the paramount importance of safety. I will notify a coach or other responsible adult if I feel that another sailor is in danger.
- I will not abuse my teammates, whether verbally, physically, or emotionally, nor tolerate such conduct in others, understanding that every team member has a right to enjoy their participation. I understand that swearing and any explicit comments, in any context, is unacceptable behavior and will not be tolerated.
- I will encourage good sportsmanship from fellow sailors, coaches, and parents.
- I will attend every practice and clinic that is reasonably possible and will notify a coach if I cannot.
- I will strive to listen and learn from my coaches. I will not argue or back talk any of my coaches or fellow students.
- I will be responsible at all times for the transportation, safe storage, maintenance, and setup of my boat and other equipment.
- I will never leave my training site or lodgings without first obtaining my coach's or host's personal permission.
- We understand that any violation of the terms set forth above is grounds for immediate expulsion and that tuition is non-refundable.



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Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Head Coach Signature \_\_\_\_\_ Date \_\_\_\_\_

NSJS Director Signature \_\_\_\_\_ Date \_\_\_\_\_